




# 30 *days* of ANTIRACISM

## SEPTEMBER 2023

|   |  |   |   |   |  |  |   |
|---|--|---|---|---|--|--|---|
|                       |  |  <b>RELIGION &amp; RACE</b><br>The United Methodist Church |   |  Find more resources on racial justice:<br><a href="https://r2hub.org">r2hub.org</a> |  | <b>1</b><br>Study Scripture related to racial justice as Christian discipleship                          | <b>2</b><br>Journal about your own racial history |
| <b>3</b><br>Participate in intercultural/antiracism conversations                                     | <b>4</b><br>Visit a worship service in a racial context other than your own                                      | <b>5</b><br>It's National HBCU week (U.S.); donate to a historically Black college/university   | <b>6</b><br>Create an antiracism study group  | <b>7</b><br>Support BIPOC leadership in your church and public offices  | <b>8</b><br>For International Literacy Day, read books to children about BIPOC hero or on antiracism | <b>9</b><br>Learn a greeting, phrase, or short prayer in another language                                |   |
| <b>10</b><br>Be willing to be in the minority   | <b>11</b> For U.S. Grandparents' Day, ask a grandparent to share their story of racism they encountered as a kid | <b>12</b><br>Patronize a BIPOC-owned business in your town  | <b>13</b><br>Donate to a Native American scholarship program                                | <b>14</b><br>Share on social media a picture of what racial justice means to you  | <b>15</b><br>Learn more about Hispanic/Latinx Heritage Month   | <b>16</b><br>Increase your knowledge about people from Asian and Pacific Island heritages                |   |
| <b>17</b><br>Urge your councilperson to champion racial justice in your town                          | <b>18</b><br>Seek out a spiritual mentor from an unfamiliar cultural background                                  | <b>19</b><br>Send your regular tithe/offering to a neighboring BIPOC church   | <b>20</b><br>Plan to participate in an anti-racism demonstration                            | <b>21</b><br>Amplify the voices of BIPOC leaders around the world   | <b>22</b><br>Pray on God's call to you to be more active in antiracist Christianity                  | <b>23</b><br>For International Week of Deaf People, join a special worship service today                 |   |
| <b>24</b><br>Research the original occupants of the land you are on in honor of U.S. Public Lands Day | <b>25</b><br>Examine and confront your own implicit biases   | <b>26</b><br>Interrupt a racist joke, statement, or story   | <b>27</b><br>It is U.S. Voter Registration Day. Research voting rights in your municipality | <b>28</b><br>Engage with and invest in young leaders dedicated to anti-racism work  | <b>29</b><br>Celebrate the contributions of BIPOC leaders in the LGBTQIA rights' movement            | <b>30</b><br>It's National Day of Remembrance for U.S. Indian Boarding Schools. Learn about this history |   |