

30 *days* of ANTIRACISM

SEPTEMBER 2023



RELIGION & RACE
The United Methodist Church



Find more resources on racial justice:

r2hub.org

1	Study Scripture related to racial justice as Christian discipleship	2	Journal about your own racial history
3	Participate in intercultural/ antiracism conversations	4	Visit a worship service in a racial context other than your own
5	Examine and confront your own implicit biases	6	Create an antiracism study group
7	Support BIPOC leadership in your church and public offices	8	For International Literacy Day, read books to children about BIPOC hero or on antiracism
9	Learn a greeting, phrase, or short prayer in another language	10	For U.S. Grandparents' Day, ask a grandparent to share their story of racism they encountered as a kid
11	Be willing to be in the minority	12	Patronize a BIPOC-owned business in your town
13	Donate to a Native American scholarship program	14	Share on social media a picture of what racial justice means to you
15	Learn more about Hispanic/Latinx Heritage Month	16	Increase your knowledge about people from Asian and Pacific Island heritages
17	For International Week of Deaf People, learn about deaf culture	18	Seek out a spiritual mentor from an unfamiliar cultural background
19	It is U.S. Voter Registration Day. Research voting rights in your municipality	20	Plan to participate in an anti-racism demonstration
21	Amplify the voices of BIPOC leaders around the world	22	Pray on God's call to you to be more active in antiracist Christianity
23	Research the original occupants of the land you are on in honor of U.S. Public Lands Day	24	Urge your councilperson to champion racial justice in your town
25	It's National HBCU week (U.S.); donate to a historically Black college/ university	26	Interrupt a racist joke, statement, or story
27	Send your regular tithe/offering to a neighboring BIPOC church	28	Engage with and invest in young leaders dedicated to anti-racism work
29	Celebrate the contributions of BIPOC leaders in the LGBTQIA rights' movement	30	It's National Day of Remembrance for U.S. Indian Boarding Schools. Learn about this history